Dear Colleagues,

It’s that time of year again, where we are finalizing our fall calendars! With that being said, the Office of Student Involvement wanted to reach out to you and let you know that we are presenting “The First 54” again this year. We are in the midst of compiling a master calendar to share with the Wofford community for September and October (and it is growing daily). Please send me any dates you have planned events (or considering) for the fall. My email address is oldhamnh@wofford.edu and extension 4042. Also, please send this to anyone you may know who could help contribute to the calendar.

Before you submit the details of your First 54 event(s), please read all planning and implementation requirements below:

The Concept: 54 events in the first 54 days of school hosted by different departments and organizations. The cross-campus collaboration will engage students with the campus community and give them the chance to preview a variety of student organizations and departments.

Why 54?: It is a play on the year Wofford was founded (1854) and covers the first several weeks of school when students are getting acclimated.

Planning and Implementation:

1) The Director of Student Activities will contact all student organizations and departments about selecting dates via email and group meetings.

2) The Director of Student Activities will manage the First 54 calendar in terms of event date selection.

3) For an event to be added to the First 54 calendar, the organization, department or individual planning the event MUST submit it to the online campus calendar. This is mandatory. (Go to http://www.wofford.edu/newsroom/campusNews.aspx for instructions on submitting to the campus calendar.)

4) A confirmation that the event has been submitted to the campus calendar must be sent to the Director of Student Activities (oldhamnh@wofford.edu).

5) Once the First 54 calendar has been finalized, event calendars will be printed, laminated and posted in all the residence hall rooms and around campus (i.e. on the back of room doors and on the refrigerators in the Village).

6) Organizations and departments will be in charge of all aspects of their events, including, but not limited to, room reservations, staffing, set up and clean up, submitting the event to the online campus calendar and any additional marketing. (For marketing assistance, such as designing and printing posters, fill out the OMC Project Request Form found in the left-hand menu at www.wofford.edu/omc/).

7) Organizations have the option to continue their events after the First 54 ends (i.e. if an organization volunteers to host events every other Tuesday or the first Friday of the month).

Possible events:

- Ted Talk Tuesdays
- Ted Talk Tuesdays
- Open mic nights/SCATE nights
- Game nights
- Service projects
- RA programs
- Fitness classes/Village play days
- Sporting events
- Classes – i.e. cooking class, wine and design
- Intramurals – campus-wide dodgeball, capture the flag between residence halls
- Movies on the big screen or at the tennis courts
- Tournaments – spades, ping pong, corn hole, Wii
- Philanthropy events
- Cookouts
- RUF/Campus Outreach/FCA
- Oktoberfest
- Theatre productions
- Outdoors club activities
- Twin Towers Halloween Carnival
- Ducks Unlimited Banquet
- Transitions 90s Party
- Other fun events

Let me know if you have any questions. I look forward to hearing from you and your organizations through this collaborative effort.

Natalee Oldham
Director of Student Activities
WOFFORD
429 North Church Street | Spartanburg, SC 29303
oldhamnh@wofford.edu

Transmitted by:
Laura H. Corbin
Director of News Services
Wofford College
CPO J
429 N. Church St.
Spartanburg, SC 29303
Office: 864-597-4180
Cell: 864-809-8963
laura.corbin@wofford.edu
Campus Community:

Information Technology Services (ITS) staff will do network work this Friday evening (Aug. 4) that will interrupt some Wofford network services. This work is scheduled from 7 to 10 p.m. It will improve the capacity and security of Wofford’s Internet connection. Services that will be interrupted include:

- The Terrier and Guest Wi-Fi networks.
- Residence hall wired network connections.
- Staff and faculty offices and classroom connections.
- Web services hosted on campus, such as myWofford and BannerWeb.

Areas that will not be affected by this work include:

- Campus Safety.
- AVI Culinary Services.
- Services hosted off campus, such as email and the Wofford.edu website.

We are doing this work outside regular maintenance times to accommodate vendor support. We appreciate your patience as ITS staff work to improve Wofford College’s network services. If you have questions about this work, please call the IT Help Center at 864-597-4357.

Transmitted by:
Laura H. Corbin
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Office: 864-597-4180
Cell: 864-809-8963
laura.corbin@wofford.edu
INVITATION: Back to School Picnic, Tuesday, Aug. 29, 5-7 p.m., MSBVC Lawn

Date: August 8, 2017 at 9:10 AM
To: Wofford Staff and Faculty WoffordStaff@Wofford.Edu
RSVP to Amanda Gilman at GilmanAF@wofford.edu by Friday, August 25.
Wofford Faculty and Staff:

As part of the Employee Wellness Program, full-time employees who currently are insured through the college and who would like to join or continue to participate in the Wellness Program will need to complete a health risk assessment. Please see below for specific details on scheduling your screening and required documentation. **These screenings must be complete by Oct. 31, 2017, in order to participate in the Wellness Program. There will be no exceptions.**

› **Screening Dates:** Aug. 22, 23 and 24  
  Sept. 12, 13 and 14

› **Screening Time:** 8 a.m.–10:30 a.m.

› **Schedule a screening (complete sign up before Aug. 21):** Schedule your appointment for one of the screening dates listed above by following this link:  
  [http://www.signupgenius.com/go/10c0f48a5a92ca0f58-fall](http://www.signupgenius.com/go/10c0f48a5a92ca0f58-fall)

**FASTING**  
You **must** fast for eight (8) hours for this blood draw. You may only have water, black coffee or unsweetened tea. Please do not fast or wait to take any medications if your primary care physician has instructed otherwise.

If you have had blood work completed recently **(June 15, 2017, or after)**, please bring a copy of this to your appointment along with your **completed** forms. Please be sure to follow the guidelines below if you are bringing in blood work:

- Your blood work must include the following tests: **glucose serum** and **full lipid panel** (total cholesterol, HDL, LDL and triglycerides).

**REQUIRED FORMS AND PARTICIPATION**  
You **must complete** the attached forms. Please bring these completed forms to your appointment. Forms also are available at myWofford > Employee tab > Human Resources Spotlight.

- 2017 Wellness Program Agreement to Participate  
- 2017 Wellness KYN Health Questionnaire

Participants who have completed the required health risk assessment will receive an email once their completed screening analysis is received back from our provider. At that time, you will receive instructions to set up a follow-up
provider. At that time, you will receive instructions to set up a follow-up appointment with Lisa Lefebvre. If any health issues are discovered in the screening analysis, there may be additional follow-up visits required. Requirements specific to each individual will be discussed further at this visit. Eligibility for the wellness reduction on monthly insurance premiums is based directly on the completion of the health risk assessment and follow-up requirements.

Thank you for allowing us to partner with you for your medical and wellness needs.

Please let us know if you have any questions.

Lisa Lefebvre, RN
Beth Wallace, LPC

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laura.corbin@wofford.edu

2017 Wellness
KYN ag...ire.pdf
To: Faculty and Staff  
From: Dr. Mike J. Sosulski, Provost  
Date: August 10, 2017  

Dear Colleagues,

Warm summer greetings to all of you! I look forward to seeing you at the end of August as we launch the 2017-2018 academic year. Once again, this promises to be a very exciting year for the college as we welcome approximately 450 new Terriers to campus, along with 10 new faculty colleagues. We also will inaugurate two fine new buildings this fall — the Rosalind Sallenger Richardson Center for the Arts and the Jerry Richardson Indoor Stadium. This indeed will be a momentous year.

Below is the schedule for our annual Pre-Session meetings and a list of additional important September events. I want to call your attention especially to two new and important events on the afternoon of Aug. 31:

- Our colleague Rob Richards, Wofford’s new energy sustainability manager, will introduce the new Dashboard for Utility Consumption developed as part of the Milliken Sustainability Initiative, funded by the Romill Foundation Grant.
- Perry Henson will offer an informative mini-workshop for all faculty titled “Accommodating or Alienating? Addressing the Needs of Students with Disabilities.”

Please make time to attend these informative and useful sessions.

**Monday, Aug. 28**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>10 a.m.-noon</td>
<td>Organizational meeting for Academic Advisors for First-Year Students, Olin 101 (Theatre). Advisors will meet for an update on registration and to prepare for three Orientation meetings that require their leadership.</td>
</tr>
<tr>
<td>Noon-3 p.m.</td>
<td>New Faculty Orientation. Olin 201</td>
</tr>
</tbody>
</table>
### Tuesday, Aug. 29

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Noon-3 p.m.</td>
<td>New Faculty Orientation, Olin 201</td>
</tr>
<tr>
<td>5-7 p.m.</td>
<td>Back to School Picnic for Faculty and Staff. Michael S. Brown Village Center Lawn.</td>
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### Wednesday, Aug. 30

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>3:30 p.m.</td>
<td>Opening Session of FYI Orientation, Front Lawn, Main Building</td>
</tr>
<tr>
<td>4:15-5:15 p.m.</td>
<td>Academic advisors of first-year students meet with parents in rooms published in the Orientation Schedule.</td>
</tr>
<tr>
<td>5:30-6:30 p.m.</td>
<td>Academic advisors of first-year students meet with student advisees in rooms published in the Orientation Schedule.</td>
</tr>
<tr>
<td>6:30 p.m.</td>
<td>Picnic dinner on the front lawn of Burwell Building for the Class of 2021 and their families. Advisors are welcome to join us.</td>
</tr>
<tr>
<td>7 p.m.</td>
<td>Dessert reception on the front lawn of the President’s Home.</td>
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</table>

### Thursday, Aug. 31

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:15 a.m.</td>
<td>Refreshments, Rosalind Sallenger Richardson Center for the Arts</td>
</tr>
<tr>
<td>8:45 a.m.</td>
<td>Invocation (The Rev. Ron Robinson)</td>
</tr>
<tr>
<td>8:50-9:30 a.m.</td>
<td>Welcome and State of the College Update (President Nayef Samhat)</td>
</tr>
<tr>
<td>9:30-10 a.m.</td>
<td>Introductions of New Staff and Faculty (President’s Cabinet)</td>
</tr>
<tr>
<td>10-10:15 a.m.</td>
<td>Break</td>
</tr>
<tr>
<td>10:15-10:30 a.m.</td>
<td>Remarks by Provost</td>
</tr>
<tr>
<td>10:30-11 a.m.</td>
<td>Tenure, Promotions and Recognitions</td>
</tr>
<tr>
<td>11 a.m.-noon</td>
<td>Ongoing project updates</td>
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<tr>
<td></td>
<td>· Diversity and Inclusion Report (Ramon Galinanes)</td>
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<td></td>
<td>· Changes in the Counseling Center (Perry Henson)</td>
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<tr>
<td></td>
<td>· Update on Gen Ed revision (Trina Janiec Jones)</td>
</tr>
<tr>
<td>Noon</td>
<td>Complimentary lunch, Faculty/Staff Dining, first floor, Burwell Building (President)</td>
</tr>
<tr>
<td>12:15 p.m.</td>
<td>Department Chairs Lunch Meeting, Gray-Jones Room, Burwell Building</td>
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<tr>
<td>2-2:45 p.m.</td>
<td>Utility Consumption Dashboard, Rob Richards, Energy</td>
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Friday, Sept. 1

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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:30 a.m.-noon</td>
<td>Open for departmental, committee or other meetings</td>
</tr>
<tr>
<td>8:30 a.m.-1:30 p.m.</td>
<td>Advisors of first-year students meet individually with their advisees in their offices to review schedules and consult about add-drop (by appointment)</td>
</tr>
<tr>
<td>Noon-1 p.m.</td>
<td>Complimentary lunch, Faculty/Staff Dining, first floor, Burwell Building (Provost)</td>
</tr>
<tr>
<td>1-5 p.m.</td>
<td>Open for departmental or other meetings</td>
</tr>
<tr>
<td>2-3 p.m.</td>
<td>Humanities 101 – Boardroom, DuPre Administration Building</td>
</tr>
<tr>
<td>1:30-2:30 p.m.</td>
<td>Advisors available by phone or email as students add-drop on their own</td>
</tr>
<tr>
<td>3-4 p.m.</td>
<td>Curriculum Committee Meeting – Boardroom, DuPre Administration Building</td>
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Sunday, Sept. 3

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>10:30 a.m.</td>
<td>Class of 2021 photograph followed by the First Service of Worship and Blessing of the Class of 2021, Front steps of Main Building. <em>All are welcome.</em></td>
</tr>
<tr>
<td>1:30-4:15 p.m.</td>
<td>Class of 2021 Service Project, Benjamin Johnson Arena, Campus Life Building</td>
</tr>
</tbody>
</table>

Monday, Sep. 4

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>8:30 a.m.</td>
<td>Classes begin on normal schedule</td>
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Tuesday, Sept. 5

<table>
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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>10:45 a.m.</td>
<td>Faculty photograph. Faculty is asked to meet in front of Main Building for the annual group photograph on the steps of Main Building before the academic procession forms for Opening Convocation.</td>
</tr>
<tr>
<td>11 a.m.</td>
<td>Opening Convocation, Leonard Auditorium Speaker: Honorable Henry F. Floyd '70, Judge, U.S. Court of Appeals for the Fourth Circuit.</td>
</tr>
</tbody>
</table>
Academic procession will form in front of Main Building (rain plan: first floor center and history halls and classrooms). Faculty may rent gown or hood through the Wofford Bookstore, but the manager will need your order as soon as possible.

Advisors and humanities seminar instructors are asked to require their students to attend. Other faculty, coaches and administrators also are asked to encourage student attendance.

This is an important event in the life of the college.

**Thursday, Sept. 8**

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>11 a.m.</td>
<td>Faculty Meeting, Anna Todd Wofford Center, Andrews Field House</td>
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</tbody>
</table>

**Tuesday, Sept. 12**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>11:30 a.m.</td>
<td>Community dedication of the Rosalind Sallenger Richardson Center for the Arts on the lawn in front of the building, with lunch on the lawn to follow.</td>
</tr>
</tbody>
</table>

Laura H. Corbin  
Director of News Services  
Wofford College  
CPO J  
429 N. Church St.  
Spartanburg, SC 29303  
Office: 864-597-4180  
Cell: 864-809-8963  
laura.corbin@wofford.edu
Faculty and Staff:

Please note these two corrections to the information sent earlier today from the Office of the Provost:

- 1st Faculty Meeting – Thursday, **Sept. 7**
- Community dedication of Rosalind Sallenger Richardson Center for the Arts Sept. 12 – **11 a.m.**

We apologize for any confusion.

Laura H. Corbin  
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REMINDER TO WOFFORD FACULTY AND STAFF:

The Office of Student Involvement is compiling a master calendar to share with the Wofford community for “The First 54” again this year and needs your September and October events as soon as possible.

Please send dates for planned events to Natalee Oldham at oldhamnh@wofford.edu or contact her at ext. 4042.

Please read these planning and implementation requirements before submitting your First 54 events:

The Concept: 54 events in the first 54 days of school hosted by different departments and organizations. The cross-campus collaboration will engage students with the campus community and give them the chance to preview a variety of student organizations and departments.

Why 54?: It is a play on the year Wofford was founded (1854) and covers the first several weeks of school when students are getting acclimated.

Planning and Implementation:

1) The Director of Student Activities will contact all student organizations and departments about selecting dates via email and group meetings.
2) The Director of Student Activities will manage the First 54 calendar in terms of event date selection.
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7) Organizations have the option to continue their events after the First 54 ends (i.e. if an organization volunteers to host events every other Tuesday or the first Friday of the month).

Possible events:
- Ted Talk Tuesdays
- Open mic nights/SCATE nights
- Game nights
· Game nights
· Service projects
· RA programs
· Fitness classes/Village play days
· Sporting events
· Classes – i.e. cooking class, wine and design
· Intramurals – campus-wide dodgeball, capture the flag between residence halls
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Contact Natalee Oldham with any questions, oldhamnh@wofford.edu or ext. 4042.
Wofford Faculty and Staff:

As part of the Employee Wellness Program, full-time employees who currently are insured through the college and who would like to join or continue to participate in the Wellness Program will need to complete a health risk assessment. Please see below for specific details on scheduling your screening and required documentation. These screenings must be complete by Oct. 31, 2017, in order to participate in the Wellness Program. There will be no exceptions.

- **Screening Dates:** Aug. 22, 23 and 24
  
  Sept. 12, 13 and 14

- **Screening Time:** 8 a.m.–10:30 a.m.

- **Schedule a screening (complete sign up before Aug. 21):** Schedule your appointment for one of the screening dates listed above by following this link:
  
  [http://www.signupgenius.com/go/10c0f48a5a92ca0f58-fall](http://www.signupgenius.com/go/10c0f48a5a92ca0f58-fall)

**FASTING**

You must fast for eight (8) hours for this blood draw. You may only have water, black coffee or unsweetened tea. Please do not fast or wait to take any medications if your primary care physician has instructed otherwise.

If you have had blood work completed recently (June 15, 2017, or after), please bring a copy of this to your appointment along with your completed forms. Please be sure to follow the guidelines below if you are bringing in blood work:

- Your blood work must include the following tests: glucose serum and full lipid panel (total cholesterol, HDL, LDL and triglycerides).

**REQUIRED FORMS AND PARTICIPATION**

You must complete the attached forms. Please bring these completed forms to your appointment. Forms also are available at myWofford > Employee tab > Human Resources Spotlight.

- 2017 Wellness Program Agreement to Participate
- 2017 Wellness KYN Health Questionnaire

Participants who have completed the required health risk assessment will receive an email once their completed screening analysis is received back from our provider. At that time, you will receive instructions to set up a follow-up
At that time, you will receive instructions to set up a follow-up appointment with Lisa Lefebvre. If any health issues are discovered in the screening analysis, there may be additional follow-up visits required. Requirements specific to each individual will be discussed further at this visit. Eligibility for the wellness reduction on monthly insurance premiums is based directly on the completion of the health risk assessment and follow-up requirements.

Thank you for allowing us to partner with you for your medical and wellness needs.

Please let us know if you have any questions.

Lisa Lefebvre, RN
Beth Wallace, LPC

Transmitted by:
Laura H. Corbin
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laura.corbin@wofford.edu
Dear Wofford College Employee,

Wofford College’s health risk assessments are scheduled for the dates below. Please take the time to read through this letter to review important details for the event.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Tuesday</td>
<td>8/22/2017</td>
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<tr>
<td>Wednesday</td>
<td>8/23/2017</td>
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<tr>
<td>Thursday</td>
<td>8/24/2017</td>
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<tr>
<td>Tuesday</td>
<td>9/12/2017</td>
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<tr>
<td>Wednesday</td>
<td>9/13/2017</td>
</tr>
<tr>
<td>Thursday</td>
<td>9/14/2017</td>
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</tbody>
</table>

Who Needs to Participate
Full-time employees on the insurance plan who would like to attempt to achieve the full wellness reduction on monthly insurance premiums will need to complete the health risk assessment.

How to Schedule an Appointment
An email will be sent to employees on how to sign-up for an appointment. Please schedule your appointment by August 19, 2017. If you are unable to keep your appointment and need to reschedule after this deadline, you may stop by the event location during the event, and Synergy Healthcare will do their best to work you in.

HRA Paperwork
You will need to complete the attached HRA packet. Your packet includes a consent form and a KYN health risk assessment. Please bring these completed forms to your HRA appointment. You MUST fast for 8 hours for this blood draw. You may only have water, black coffee, or unsweetened tea. Please do not fast or wait to take any medications if your primary care physician has instructed otherwise.

If you have had blood work completed recently, please bring a copy of this to your appointment along with your completed HRA packet. Blood work will only be accepted from July 1, 2017 to current. Please be sure to also follow the guidelines below if you are bringing in blood work:

- Your blood work must include the following tests: glucose serum and full lipid panel (Total Cholesterol, HDL, LDL, and Triglycerides).

If You Are Unable to Attend the HRA Event
If you are unable to attend the HRA event, you may see your primary care physician or visit the nurse’s office. If you see your physician, please follow the blood test guidelines listed above. Your physician will also need to perform the following measurements and include with your results (they can be written at the bottom of your KYN HRA form under clinical information):

- Height, Weight, Waist Measurement, Pulse Rate, and Blood Pressure

All measurements noted above are mandatory in order for us to complete your wellness report. If something is left off and we are unable to collect the information from you by the deadline, you will be considered non-compliant. Incomplete forms will be mailed back to your address indicated on your HRA form.

Please send a completed packet (by fax or mail ONLY), including your consent form, KYN HRA form, blood work, and measurements to our clinic company, Synergy Healthcare. DO NOT SEND PACKETS TO WOFFORD COLLEGE.

The deadline to submit your packet is October 31, 2017. There will be no exceptions to this deadline. If you have an issue meeting this deadline, please contact Lisa Lefebvre at LefebvreLM@wofford.edu.
Agreement to Participate in Employer Sponsored Wellness Program and to Release Personal Health Information

By signing this document, I knowingly and willingly agree to participate in the Wellness Program sponsored by my Employer in conjunction with Synergy Healthcare USA, LLC and satisfactorily meet any wellness guidelines established by my Employer for the program.

In addition, I authorize the health provider who will staff the onsite event as part, and as an independent contractor, of the Synergy Healthcare Program (and not an employee of my Employer), all of whom are subject to Health Insurance Portability and Accountability Act of 1996 (HIPAA), to disclose my personal medical information to Synergy Healthcare. In addition, I authorize Synergy Healthcare USA, LLC to disclose my screening data to Lisa M. Lefebvre, RN, BSN, Director of Employee Wellness and Medical Services at Wofford College to use my data for health education, wellness tracking and administration of health-contingent incentives.

I understand that, unless prohibited by state and/or federal law, the protected health information is to be disclosed under this authorization so that Synergy Healthcare employees and representatives may: 1) define my unique health risk; 2) evaluate my health service utilization patterns; 3) develop an individual health risk reduction plan for me; 4) provide care and evaluation outcomes of such activities; 5) track the evolution of my risk factors over time; and 6) determine the types of health education I may need to increase my awareness of my health risk issues and the service options available to me to address them. This information may also be used to compile aggregate summary statistical data reports; and may be used by Synergy Healthcare on a de-identifiable basis to support its internal business processes.

This authorization shall remain in force until such time as I notify Synergy Healthcare of my desire to withdraw from the program. I understand that I have the right to revoke this authorization at any time. The request for revocation must be in writing and include my full name, company name, and date of birth. It should be sent to the attention of the Clinic Operations Director of the Synergy Healthcare program at the address listed above.

__________________________________________
Print Name

__________________________________________
Signature  Date
## PERSONAL INFORMATION

<table>
<thead>
<tr>
<th>Field</th>
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<tbody>
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<td>First Name</td>
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<tr>
<td>City</td>
<td></td>
</tr>
<tr>
<td>State</td>
<td></td>
</tr>
<tr>
<td>Zip</td>
<td></td>
</tr>
<tr>
<td>Phone #</td>
<td></td>
</tr>
<tr>
<td>Email</td>
<td></td>
</tr>
<tr>
<td>Date of Birth</td>
<td></td>
</tr>
<tr>
<td>Gender</td>
<td>Male □ Female □</td>
</tr>
<tr>
<td>Ethnic Group</td>
<td>Caucasian □ African-American □ Asian □ Hispanic □ Native American □ Other □</td>
</tr>
<tr>
<td>Physician Name</td>
<td></td>
</tr>
</tbody>
</table>

## PERSONAL HEALTH

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Have you ever been told by a doctor that you have any of the following?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Diabetes (gestational diabetes not included)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Coronary Heart Disease (angina, heart attack, angioplasty or by-pass surgery)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stroke/TIA (mini strokes)</td>
<td></td>
<td></td>
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<tr>
<td>Congestive Heart Failure</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Valve Disease or Heart Murmurs</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other Cardiovascular Disease (atherosclerosis, peripheral arterial disease or aortic aneurysm)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Left Ventricular Hypertrophy (enlargement of the left ventricle of the heart)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Atrial Fibrillation</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*If you answered **YES** to any of the questions above, please select one of the following:
- [ ] Have not used in 2+ years
- [ ] Quit 1-2 years ago
- [ ] Quit 1 month - 1 year ago
- [ ] Still using or quit <1 month ago

## LIFESTYLE

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Do you currently smoke cigarettes?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Have you ever regularly smoked cigarettes?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Have ever regularly used any tobacco or nicotine products other than cigarettes (electronic cigarettes, nicotine patches, etc)?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## EXERCISE

<table>
<thead>
<tr>
<th>Question</th>
<th>≤1</th>
<th>2-4</th>
<th>≥5</th>
</tr>
</thead>
<tbody>
<tr>
<td>How many days per week do you exercise for at least 20 minutes at a time?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>While exercising, how hard are you breathing?</td>
<td>Normal</td>
<td>Moderate</td>
<td>Hard</td>
</tr>
</tbody>
</table>

## MEDICATIONS

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medication to lower your blood pressure?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medication to lower your cholesterol?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>At least one quarter of an adult aspirin (81 mg) daily?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## FOR WOMEN ONLY

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>How many live births have you had?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Are you currently pregnant?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Were you ever told by your doctor that you had gestational diabetes while pregnant?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>If yes, how many years since you were last diagnosed?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Have you passed through menopause (either naturally or have had your ovaries removed)?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Are you currently using any form of hormone replacement therapy (after menopause only)?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## FOR INDIVIDUALS WHO CURRENTLY SMOKE CIGARETTES OR USE OTHER FORMS OF NICOTINE

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Have you ever been told by a doctor that you have any of the following?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lung cancer or COPD</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Emphysema</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Asthma</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Do you currently have asthma?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>What is the combined number of years you have smoked/used other forms of nicotine?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>On average, how many cigarettes do you smoke daily? If other forms of nicotine, please put how much you use daily.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## CLINICAL INFORMATION – MEDICAL PROVIDER USE ONLY

<table>
<thead>
<tr>
<th>Field</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Height FT IN</td>
<td></td>
</tr>
<tr>
<td>Weight LBS</td>
<td></td>
</tr>
<tr>
<td>Waist Measurement INCHES</td>
<td></td>
</tr>
<tr>
<td>Pulse Rate BPM</td>
<td></td>
</tr>
<tr>
<td>Blood Pressure</td>
<td>/</td>
</tr>
<tr>
<td>Fasting Status</td>
<td></td>
</tr>
<tr>
<td>Fasting Glucose mg/dL</td>
<td></td>
</tr>
<tr>
<td>Total Cholesterol mg/dL</td>
<td></td>
</tr>
<tr>
<td>Triglycerides mg/dL</td>
<td></td>
</tr>
<tr>
<td>HDL Cholesterol mg/dL</td>
<td></td>
</tr>
<tr>
<td>LDL Cholesterol mg/dL</td>
<td></td>
</tr>
<tr>
<td>PSA (45+) (optional)</td>
<td></td>
</tr>
</tbody>
</table>

*Medical Provider Signature: __________________  Date: ____________

*Only if performed at medical provider office. Medical provider signature not needed if performed onsite at Wofford College.*
To: Wofford Campus Community  
Re: Spartanburg Memorial Auditorium Parking Lot Tuesday, Aug. 29

Spartanburg Memorial Auditorium will hold a large event on Tuesday, Aug. 29. Wofford faculty, staff and students are advised to park only in Wofford-designated parking spaces in the SMA lot on Tuesday. Any vehicles parked in other SMA spaces are subject to towing. Event parking staff will begin managing the lot at 7 a.m. Tuesday; Wofford vehicles must be moved before that time. The event begins at 2 p.m. Tuesday. Thank you for your cooperation.

Laura H. Corbin  
Director of News Services  
Wofford College  
CPO J  
429 N. Church St.  
Spartanburg, SC 29303  
Office: 864-597-4180  
Cell: 864-809-8963  
laura.corbin@wofford.edu
Faculty/Staff Tickets and Parking Passes for Terrier Football

**TICKETS:** Faculty and staff are provided two (2) complimentary tickets to home football games, which must be picked up on game day at the ticket booth under the video board at Gibbs Stadium. You must present your Wofford ID to receive your tickets. No faculty/staff tickets will be available for pick up before game day. The ticket office opens 90 minutes before kickoff.

If you wish to purchase extra tickets, they are $27 each and may be purchased at the Gibbs Stadium ticket booth on game day.

**PARKING PASSES:** Faculty and staff are allowed one (1) parking pass for home football games. These must be picked up BEFORE NOON on Friday, Sept. 1, in the ticket office on the second floor of the Richardson Physical Activities Building. Passes are good for the entire season and are not transferable.

Faculty and staff will park in Lot W, located on the back lawn of Main Building on Evins Street, across from the Stewart H. Johnson Greek Village. Parking attendants will direct you on how to access the lawn from the horseshoe area. This is the ONLY parking lot in which your faculty/staff parking pass will be valid.

Wofford opens the five-game home slate this Saturday, Sept. 2, at 6 p.m. vs. Furman University.

We look forward to seeing you Saturday!

Go, Terriers!!

---

Laura H. Corbin  
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Student Affairs and Campus Safety welcome students and faculty back to campus for the Fall 2017 semester.

Here is important information regarding move-in and other activities on campus this week:

**WEDNESDAY, AUG. 30: NEW STUDENT MOVE-IN**

New students move-in will be from 8:30 a.m. to 11 a.m. tomorrow (Wednesday, Aug. 30).

All vehicles in the unloading areas at Greene, Marsh and Carlisle Halls **MUST BE MOVED TONIGHT** (Tuesday, Aug. 29) so that Campus Safety officers may secure these areas for move-in tomorrow.

Traffic on Campus Drive tomorrow will be **ONE WAY** from Church Street to Memorial Drive during move-in. **NO PARKING** will be allowed anywhere on Campus Drive.

Faculty and staff should not use Campus Drive, except those who normally park in the Admission lot; you will be able to access the lot from Campus Drive via Church Street and exit out to Church Street if needed. Other faculty and staff may park in lots on the perimeter of campus, including the Spartanburg Memorial Auditorium lot, the Cumming Street lot or the Calvary Baptist Church lot on Osage Street. Employees are reminded that the four spaces beside the Sandor Teszler Library are for library visitors; they are not to be used by employees or students.

**FRIDAY, SEPT. 1: UPPERCLASS MOVE-IN**

Upperclassmen move into their residence halls on Friday, Sept. 1, between 8:30 a.m. and 4 p.m.

Evins Street will be busy, so you are encouraged to avoid the area if possible. If you must use Evins Street, drive slowly and be aware of people unloading vehicles.

Students:

- Vehicles **CANNOT** be left on Evins Street.
- Students moving into the Michael S. Brown Village Center should unload on Osage Street or in one of the Village parking lots.
- Students moving into Wightman and Lesesne Halls should unload on Butler Circle between the Papadopoulos Building and the Olin Building; accessible via the driveway between Papadopoulos and the Wofford Bookstore.
driveway between Papadopoulos and the Wofford Bookstore.

- Students moving into Lesesne Hall also may use the Shipp Hall parking lot.

**FRIDAY, SEPT. 1: SPARTANBURG HIGH SCHOOL FOOTBALL GAME**

Spartanburg High School will host a football game in Gibbs Stadium beginning at 7:30 p.m. Friday, Sept. 1.

All vehicles in the Verandah parking lot **MUST BE MOVED** by 5 p.m. Friday. You are encouraged to avoid Cumming Street and Evins Street before and after the football game due to traffic concerns.

**SATURDAY, SEPT. 2: WOFFORD FOOTBALL GAME VS. FURMAN**

Wofford will host Furman at 6 p.m. Saturday, Sept. 2, in Gibbs Stadium.

All vehicles in the Verandah parking lot **MUST BE MOVED** by 5 p.m. Friday, Sept. 1; the lot will reopen on Sunday morning, Sept. 3.

**OTHER IMPORTANT INFORMATION**

- Students, faculty and staff are reminded that they may call Campus Safety if they need a golf cart ride from parking lots to their destinations. Officers may be reached 24 hours a day, seven days a week by calling 864-597-4911. Student Affairs staff may be reached at 864-597-4040.
- Students on campus for pre-season camp or training programs are reminded not to park in faculty/staff parking spaces. All offices are open. Campus Safety officers may issue tickets and vehicles parked illegally are subject to being towed.

Best wishes for a successful semester.

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