

**From:** WoffordNews WoffordNews@Wofford.Edu

**Subject:** myWofford outage

**Date:** July 3, 2019 at 10:30 AM

**To:** Wofford Staff and Faculty WoffordStaff@Wofford.Edu, Wofford Students WoffordStudents@Wofford.Edu

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Wofford Faculty, Staff and Students,

There was a myWofford outage from 9 p.m., Tuesday, July 2, until 8:30 a.m., Wednesday, July 3. During the outage, no one was able to login to myWofford. Email service was not affected. A security certificate expired, which resulted in the outage. We are sorry for the inconvenience and are working to ensure that this does not happen in the future. Services have been restored, but if you are experiencing any issues, please contact the Help Center at 864-597-4357 or at [help@wofford.edu](mailto:help@wofford.edu).

Thank you.

Kashalett Foster  
Director of IT Help Center

**Wofford**

429 N. Church Street  
Spartanburg, SC 29303

Phone: 864-597-4279  
[fosterky@wofford.edu](mailto:fosterky@wofford.edu)

**From:** WoffordNews WoffordNews@Wofford.Edu  
**Subject:** MESSAGE TO CAMPUS: Planned power shut down in some buildings Tuesday afternoon  
**Date:** July 8, 2019 at 10:39 AM  
**To:** Wofford Staff and Faculty WoffordStaff@Wofford.Edu, Wofford Students WoffordStudents@Wofford.Edu

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Wofford campus community:

A planned power shut down for maintenance issues beginning at **4 p.m. tomorrow (Tuesday, July 9)** will impact the following buildings for at least two (2) hours. Please plan accordingly.

We apologize for the inconvenience and will have power restored as quickly as possible.

Buildings affected by the planned power shutdown:

Campus Life Building  
Carlisle Hall  
Carlisle-Wallace House  
Daniel Building  
DuPré Administration Building  
DuPré Hall  
Greene Hall  
Kilgo-Clinkscates House  
Main Building  
Marsh Hall  
President's Home  
Richardson Physical Activities Building  
Sandor Teszler Library  
Shipp Hall  
Snyder Field  
Snyder House

**From:** WoffordNews WoffordNews@Wofford.Edu  
**Subject:** REMINDER TO CAMPUS: Planned power shut down in some buildings this afternoon  
**Date:** July 9, 2019 at 11:06 AM  
**To:** Wofford Staff and Faculty WoffordStaff@Wofford.Edu, Wofford Students WoffordStudents@Wofford.Edu

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Wofford campus community:

This is a reminder of a planned power shut down beginning at **4 p.m. TODAY (Tuesday, July 9)** that will impact the buildings listed below for at least two (2) hours.

ITS reminds those working in these building to save your work, LOG OFF AND SHUT DOWN your computers BEFORE the shut down begins.

Campus Safety reports that phone service to and from the switchboard will be disrupted during this time. Anyone calling for assistance should call ext. 4911 or 864-597-4911. Affected buildings with card readers also will be affected; if students find themselves locked out, contact Campus Safety at ext. 4911 or 864-597-4911.

Please plan accordingly.

We apologize for the inconvenience and will have power restored as quickly as possible.

Buildings affected by the planned power shutdown:

Campus Life Building  
Carlisle Hall  
Carlisle-Wallace House  
Daniel Building  
DuPré Administration Building  
DuPré Hall  
Greene Hall  
Kilgo-Clinkscates House  
Main Building  
Marsh Hall  
President's Home  
Richardson Physical Activities Building  
Sandor Teszler Library  
Shipp Hall  
Snyder Field  
Snyder House

**From:** WoffordNews WoffordNews@Wofford.Edu  
**Subject:** MESSAGE TO CAMPUS: All power restored  
**Date:** July 9, 2019 at 6:43 PM  
**To:** Wofford Staff and Faculty WoffordStaff@Wofford.Edu, Wofford Students WoffordStudents@Wofford.Edu

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Campus Community:

Power has been restored to all affected buildings.

Thank you for your patience and understanding.

**From:** WoffordNews WoffordNews@Wofford.Edu

**Subject:** MESSAGE TO CAMPUS: Invitation to reception Monday to honor Demario Watts

**Date:** July 12, 2019 at 1:27 PM

**To:** Wofford Staff and Faculty WoffordStaff@Wofford.Edu, Wofford Students WoffordStudents@Wofford.Edu

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### Wofford Campus Community:

Demario Watts, who has served Wofford as assistant dean of students for diversity and inclusion and leadership development, has accepted a position at Lander University.

Please join the staff of Campus Life and Student Development at a reception from 2 to 3 p.m. Monday, July 15, in the lobby of the Campus Life Building to honor Demario.

We wish him all the best.

**From:** WoffordNews WoffordNews@Wofford.Edu  
**Subject:** Carolina Panthers Training Camp opens Thursday  
**Date:** July 23, 2019 at 3:11 PM  
**To:** Wofford Staff and Faculty WoffordStaff@Wofford.Edu, Wofford Students WoffordStudents@Wofford.Edu



## Wofford Campus Community:

We're excited to host the Carolina Panthers for their 25th summer training camp on campus starting this Thursday, July 25.

As you know, training camp brings a lot of attention to Wofford, and it brings a lot of people to the practices – over the years, we have drawn more than 800,000 people to campus for camp!

We love having visitors on our campus and appreciate your welcoming the Panthers and their fans to Wofford.

The Panthers open practice with the Kickoff Party beginning at 4:30 p.m. Thursday, July 25, at Gibbs Stadium; gates open at 4 p.m. The party is free and open to the public. Practice is from 6:30 to 8:30 p.m. Entertainment includes on-field performances by the TopCats cheerleaders and Junior TopCats, mascot Sir Purr, PurrCussion, the Black & Blue Crew and much more. There will be food, interactive games, an autograph wall and sponsor displays.

Come out for this free, family-friendly event.

Camp will continue through Wednesday, Aug. 14, with two practices – Aug. 13 and Aug. 14 – with the Buffalo Bills. All practices, except for the opening day, are scheduled to be held on the Wofford practice fields. The spectator entrance is located at the top of Twitty Street, behind the Jerry Richardson Indoor Stadium.

If attending practice, note that Twitty Street will be closed to vehicular traffic. The preference is that on weekdays, faculty and staff park in their regular parking lots and walk to practice; on weekends, parking is available in the lots across from Gibbs Stadium, accessible via Cumming Street from Pine/Wood streets. Evins Street from North Church Street will be closed to all traffic except shuttle buses from approximately two hours before practice and two hours after practice.

**FACULTY AND STAFF working in locations where parking is accessible only via Evins or Cumming streets have been/will be provided “authorized vehicle” hang tags to be able to access those parking lots. Those cards have been sent to designated people in your building, in most cases the administrative assistant for the building or largest department. If you have not received a hang tag by noon on Wednesday, July 24, please contact Laura Corbin at [corbinlh@wofford.edu](mailto:corbinlh@wofford.edu) or x4180. (Note that these hang tags are only for access through the security point; they do not guarantee a parking space.)**

Please make note of these other details impacting campus:


- The Verandah parking lot is closed THROUGH the morning of Friday, July 26.
- The Shipp Hall parking lot and Snyder Field parking lot (between the baseball

stadium and soccer field) are closed.

- The Richardson Physical Activities Building is closed to faculty, staff and students.
- The Jerry Richardson Indoor Stadium parking lot will be closed during practice times (2 hours before through 2 hours after); it will be used only for handicap parking (with state-issued placard or plate) and vendor/volunteer parking (hang tag needed) during those times. Students, coaches and faculty should make plans to park elsewhere during practice hours.

For the full practice schedule, go to [www.panthers.com](http://www.panthers.com).

If you have any questions, please contact Laura Corbin at [corbinlh@wofford.edu](mailto:corbinlh@wofford.edu) or 864-597-4180.

**From:** WoffordNews WoffordNews@Wofford.Edu   
**Subject:** MESSAGE FROM THE WELLNESS CENTER: Health risk assessments scheduled.  
**Date:** July 24, 2019 at 4:33 PM  
**To:** Wofford Staff and Faculty WoffordStaff@Wofford.Edu



Dear Wofford College Employee,

Wofford College's health risk assessments are scheduled for the dates below. Please take the time to read through this letter to review important details for the event.

Wednesday	8/7/2019	7-10:30 a.m.
Thursday	8/8/2019	7-10:30 a.m.
Friday	8/9/2019	7-10:30 a.m.
Wednesday	9/11/2019	7-10:30 a.m.
Thursday	9/12/2019	7-10:30 a.m.
Friday	9/13/2019	7-10:30 a.m.

### **Who Needs to Participate**

Full-time employees on the insurance plan who would like to attempt to achieve the full wellness reduction on monthly insurance premiums will need to complete the health risk assessment.

### **How to Schedule an Appointment**

An email will be sent to employees on how to sign-up for an appointment on the dates listed above. Please schedule your appointment by Aug. 2, 2019. If you are unable to attend one of these dates, or would prefer a finger-stick, please sign up on myWofford on the patient portal in the Employee Wellness Clinic for an employee screening appointment. If you have any questions about scheduling, please contact Lisa Lefebvre at [LefebvreLM@wofford.edu](mailto:LefebvreLM@wofford.edu).

### **HRA Paperwork**

You will need to complete the attached HRA packet. Your packet includes a consent form and a KYN health risk assessment. Please bring these completed forms to your HRA appointment. You **MUST** fast for eight hours for this blood draw. You may only have water, black coffee or unsweetened tea. Please do not fast or wait to take any medications if your primary care physician has instructed otherwise.

If you have had blood work completed recently, please bring a copy of this to your appointment along with your **completed** HRA packet. **Blood work will only be accepted from July 1, 2019, to current.** Please be sure to also follow the guidelines below if you are bringing in blood work:

Your blood work must include the following tests: glucose serum and full lipid panel (Total Cholesterol, HDL, LDL, and Triglycerides).

**The deadline to submit your packet is Oct. 31, 2019.** There will be no exceptions to this deadline. If you have an issue meeting this deadline, please contact Lisa Lefebvre at [LefebvreLM@wofford.edu](mailto:LefebvreLM@wofford.edu).



Wofford HRA





PO Box 1069  
Denver, NC 28037  
Fax: 980-498-9420

**Agreement to Participate in Employer Sponsored Wellness Program  
and to Release Personal Health Information**

By signing this document, I knowingly and willingly agree to participate in the Wellness Program sponsored by my Employer in conjunction with Synergy Healthcare USA, LLC and satisfactorily meet any wellness guidelines established by my Employer for the program.

In addition, I authorize the health provider who will staff the onsite event as part, and as an independent contractor, of the Synergy Healthcare Program (and not an employee of my Employer), all of whom are subject to Health Insurance Portability and Accountability Act of 1996 (HIPAA), to disclose my personal medical information to Synergy Healthcare. In addition, I authorize Synergy Healthcare USA, LLC to disclose my screening data to Lisa M. Lefebvre, RN, BSN, Director of Employee Wellness and Medical Services at Wofford College to use my data for health education, wellness tracking and administration of health-contingent incentives.

I understand that, unless prohibited by state and/or federal law, the protected health information is to be disclosed under this authorization so that Synergy Healthcare employees and representatives may: 1) define my unique health risk; 2) evaluate my health service utilization patterns; 3) develop an individual health risk reduction plan for me; 4) provide care and evaluation outcomes of such activities; 5) track the evolution of my risk factors over time; and 6) determine the types of health education I may need to increase my awareness of my health risk issues and the service options available to me to address them. This information may also be used to compile aggregate summary statistical data reports; and may be used by Synergy Healthcare on a de-identifiable basis to support its internal business processes.

This authorization shall remain in force until such time as I notify Synergy Healthcare of my desire to withdraw from the program. I understand that I have the right to revoke this authorization at any time. The request for revocation must be in writing and include my full name, company name, and date of birth. It should be sent to the attention of the Clinic Operations Director of the Synergy Healthcare program at the address listed above.

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Print Name

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Signature

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Date

## 2019 Know Your Number® Health Questionnaire – Wofford College

PERSONAL INFORMATION						
First Name:		Middle Name:		Last Name:		
Address:			City:	State:	Zip:	
Phone #:			Email:			
Date of Birth:     /     /		Gender: Male <input type="checkbox"/> Female <input type="checkbox"/>				
Ethnic Group: Caucasian <input type="checkbox"/> African-American <input type="checkbox"/> Asian <input type="checkbox"/> Hispanic <input type="checkbox"/> Native American <input type="checkbox"/> Other <input type="checkbox"/>					Physician Name:	
PERSONAL HEALTH						
Have you ever been told by a doctor that you have any of the following:					Yes	No
Diabetes (gestational diabetes not included)					<input type="checkbox"/>	<input type="checkbox"/>
Coronary Heart Disease (angina, heart attack, angioplasty or by-pass surgery)					<input type="checkbox"/>	<input type="checkbox"/>
Stroke/TIA (mini strokes)					<input type="checkbox"/>	<input type="checkbox"/>
Congestive Heart Failure					<input type="checkbox"/>	<input type="checkbox"/>
Valve Disease or Heart Murmurs					<input type="checkbox"/>	<input type="checkbox"/>
Other Cardiovascular Disease (atherosclerosis, peripheral arterial disease or aortic aneurysm)					<input type="checkbox"/>	<input type="checkbox"/>
Left Ventricular Hypertrophy (enlargement of the left ventricle of the heart)					<input type="checkbox"/>	<input type="checkbox"/>
Atrial Fibrillation					<input type="checkbox"/>	<input type="checkbox"/>
LIFESTYLE						
					Yes	No
Do you currently smoke cigarettes?					<input type="checkbox"/>	<input type="checkbox"/>
Have you ever regularly smoked cigarettes?					<input type="checkbox"/>	<input type="checkbox"/>
Have you ever regularly used any tobacco or nicotine products other than cigarettes (electronic cigarettes, nicotine patches, etc)?					<input type="checkbox"/>	<input type="checkbox"/>
* If you answered <b>YES</b> to any of the questions above, please select one of the following: <input type="checkbox"/> Have not used in 2+ years <input type="checkbox"/> Quit 1-2 years ago <input type="checkbox"/> Quit 1 month-1 year ago <input type="checkbox"/> Still using or quit <1 month ago						
EXERCISE						
How many days per week do you exercise for at least 20 minutes at a time?					<input type="checkbox"/> ≤1	<input type="checkbox"/> 2-4 <input type="checkbox"/> ≥5
While exercising, how hard are you breathing?					<input type="checkbox"/> Normal	<input type="checkbox"/> Moderate <input type="checkbox"/> Hard
MEDICATIONS						
Do you currently take any of the following:					Yes	No
Medication to lower your blood pressure?					<input type="checkbox"/>	<input type="checkbox"/>
Medication to lower your cholesterol?					<input type="checkbox"/>	<input type="checkbox"/>
At least one quarter of an adult aspirin (81 mg) daily?					<input type="checkbox"/>	<input type="checkbox"/>
FOR WOMEN ONLY						
					Yes	No
How many live births have you had?						
Are you currently pregnant?					<input type="checkbox"/>	<input type="checkbox"/>
Were you ever told by your doctor that you had gestational diabetes while pregnant?					<input type="checkbox"/>	<input type="checkbox"/>
If yes, how many years since you were last diagnosed?						
Have you passed through menopause (either naturally or have had your ovaries removed)?					<input type="checkbox"/>	<input type="checkbox"/>
Are you currently using any form of hormone replacement therapy (after menopause only)?					<input type="checkbox"/>	<input type="checkbox"/>
FOR INDIVIDUALS WHO CURRENTLY SMOKE CIGARETTES OR USE OTHER FORMS OF NICOTINE						
Have you ever been told by a doctor that you have any of the following:					Yes	No
Lung cancer or COPD					<input type="checkbox"/>	<input type="checkbox"/>
Emphysema					<input type="checkbox"/>	<input type="checkbox"/>
Asthma					<input type="checkbox"/>	<input type="checkbox"/>
Do you currently have asthma?					<input type="checkbox"/>	<input type="checkbox"/>
What is the combined number of years you have smoked/used other forms of nicotine?						
On average, how many cigarettes do you smoke daily? If other forms of nicotine, please put how much you use daily.						
CLINICAL INFORMATION – MEDICAL PROVIDER USE ONLY						
Height	FT	IN	Fasting Status	<input type="checkbox"/> Fasting <input type="checkbox"/> Non-Fasting <input type="checkbox"/> Unknown	LDL Cholesterol	mg/dL
Weight	LBS		Fasting Glucose	mg/dL	PSA (45+) (optional)	
Waist Measurement	INCHES		Total Cholesterol	mg/dL		
Pulse Rate	BPM		Triglycerides	mg/dL		
Blood Pressure	/		HDL Cholesterol	mg/dL		

Medical Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*\*Only if performed at medical provider office. Medical provider signature not needed if performed onsite at Wofford College.*

**From:** WoffordNews WoffordNews@Wofford.Edu  
**Subject:** ADDITIONAL MESSAGE FROM WELLNESS CENTER: Link to sign up for health risk assessment appointment  
**Date:** July 24, 2019 at 4:44 PM  
**To:** Wofford Staff and Faculty WoffordStaff@Wofford.Edu

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Faculty and staff:

This is the link to sign up for an appointment for your health risk assessment: <https://www.signupgenius.com/go/10C0F48A5A92CA0F58-2019>.

The link was inadvertently omitted from the information sent to you earlier today.

**From:** WoffordNews WoffordNews@Wofford.Edu  
**Subject:** Panthers Kickoff Traffic and Parking  
**Date:** July 25, 2019 at 2:08 PM  
**To:** Wofford Staff and Faculty WoffordStaff@Wofford.Edu

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Gates open this afternoon at 4 p.m. for the Panthers Kickoff Party. Faculty and staff who may be impacted by traffic and parking in areas adjacent to Gibbs Stadium may leave campus at 3:30 p.m.

**From:** Webber, Melissa L WebberML@wofford.edu

**Subject:** Farewell to Kim Henry

**Date:** July 30, 2019 at 10:56 AM

**To:** Sperka, Shelley H. SperkaSH@wofford.edu, Stott, Julie H StottJH@wofford.edu, Schmitz, Catherine Lerat SchmitzCL@wofford.edu, Wright, Kristin L WrightKL@wofford.edu, Madden, Rickey H MaddenRH@wofford.edu, Bem, Jenny J BemJJ@wofford.edu, Gonzalez, Lillian E. GonzalezLE@wofford.edu, Green, Andrew F GreenAF@wofford.edu, Nuriel, Patricia G NurielPG@wofford.edu, Cartwright, Benjamin J CartwrightBJ@wofford.edu, Bryson, C Heath BrysonCH@wofford.edu, Farley, Diane S FarleyDS@wofford.edu, Pettit, W Franklin PettitWF@wofford.edu, Rawlinson, Brian M. RawlinsonBM@wofford.edu, Foster, David A FosterDA@wofford.edu, Barnhart, Katarina S BarnhartKS@wofford.edu, Wood, J Ron woodjr@wofford.edu, Brown, Donnie R BrownDR1@wofford.edu, Zhang, Yongfang ZhangY@wofford.edu, CaballeroGarcia, M Begona CaballeroB@wofford.edu, Hoffman, Anna L hoffmanal@wofford.edu, Kinnison, Li Qing KinnisonLQ@wofford.edu, Will, Juliane willj@wofford.edu, BarbasRhoden, Laura H. BarbasRhodenLH@wofford.edu, Matousek, Amanda L MatousekAL@wofford.edu, Mark, Caroline A MarkCA@wofford.edu, Bethea, Camille L. BetheaCL@wofford.edu, Newman, Britton W NewmanBW@wofford.edu, KrickAigner, Kirsten A. KrickAignerKA@wofford.edu, Wright, Thomas J WrightTJ@wofford.edu, Pittman, Sharyn N PittmanSN@wofford.edu, Catlla, Anne J CatllaAJ@wofford.edu, Pigott, Brian J PigottBJ@wofford.edu, KnottsZides, Charlotte A. KnottsZidesCA@wofford.edu, Cathey, Matthew E CatheyME@wofford.edu, Garrett, Aaron L GarrettAL@wofford.edu, Christ, Beau M ChristBM@wofford.edu, Proctor, James E. ProctorJE@wofford.edu, Soderlund, Myra G SoderlundMG@wofford.edu, Valdez-Jasso, Zibonele A ValdezJassoZA@wofford.edu, Aigner, Martin E AignerME@wofford.edu, Leigsring, Erin G leigsringeg@wofford.edu, Miller, Cory W MillerCW@wofford.edu, Foster, Kashalett Y FosterKY@wofford.edu, Novak, Adam M NovakAM@wofford.edu, Coleman, Deidra A ColemanDA@wofford.edu, Gore, Thomas WB goretw@wofford.edu, Bryan, Benjamin J BryanBJ@wofford.edu, Miles, John D MilesJD@wofford.edu, Lawton, Boyce M. LawtonBM@wofford.edu, Fisher, Matthew C FisherMC@wofford.edu, Blackwell, Bryan S BlackwellBS@wofford.edu, Forbes, Shawn M ForbesSM@wofford.edu, Swicegood, Philip G SwicegoodPG@wofford.edu, Richardson, Wm. Eddie RichardsonWE@wofford.edu, Sykes, David A SykesDA@wofford.edu, Long, Amber G LongAG@wofford.edu, Clapp, Melissa J ClappMJ@wofford.edu, Jordan, Morgan A JordanMA1@wofford.edu, Meagher, Luke A MeagherLA@wofford.edu, Stone, R. Phillip StoneRP@wofford.edu

MW

# ***Farewell to Kim Henry***

***After 25 years of hard work and dedication to Wofford College Kim is retiring. Please join us in Olin 207-A to bid her farewell.***

***Date: August 1, 2019***

***Time: 3:00 – 4:30pm***

**Melissa L Webber**  
*Administrative Assistant*  
**Wofford College**  
**Information Technology Services**  
(864)597-4500

*Submit or determine the status of an ITS Help Request. (On-campus only) [ITS Help Request](#)*

**From:** WoffordNews WoffordNews@Wofford.Edu  
**Subject:** Kim Henry Retirement  
**Date:** July 30, 2019 at 12:58 PM  
**To:** Wofford Staff and Faculty WoffordStaff@Wofford.Edu

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Kim Henry, Macintosh support specialist/multimedia instructor in the Department of Modern Languages, Literatures and Cultures, is retiring. Please join the campus community in honoring her 25 years of service to the college from 3-4:30 p.m., on Thursday, Aug. 1, 2019, in Olin 207-A.